

BREAKFAST

MADE TO ORDER OMELETTES \$5.50

3 Whole Eggs with a Choice of up to 3 Ingredients Including: Grilled Vegetables, Spinach, Cheddar, Swiss, Feta
Includes Potatoes
Bacon or Chicken Sausage add \$2.00 Egg Whites add \$1.00

BREAKFAST SANDWICH \$5.25

Egg, Applewood Smoked Bacon and Cheddar on a Brioche Roll

FIT BREAKFAST SANDWICH \$5.75

Scrambled Egg Whites, Arugula, Swiss and Turkey Bacon on a Whole Wheat English Muffin

SAUSAGE AND EGG SANDWICH \$5.25

Egg, Chicken Sausage and Cheddar on a Brioche Roll

UBC BREAKFAST BURRITO \$5.25

Scrambled Egg, Chicken Sausage, Crispy Potatoes, Cheddar and Pico de Gallo

THICK CUT VANILLA BEAN FRENCH TOAST \$5.25

Served with Real Maple Syrup and Choice of Applewood Smoked Bacon, Turkey Bacon or Chicken Sausage

HOT CEREAL \$4.50

Steel Cut Oatmeal with Your Choice of 2% milk or Soy Milk, Brown Sugar and Raisins

FRUIT & YOGURT PARFAIT \$4.95

Vanilla Yogurt, Fresh Cut Fruit and Granola

COFFEE & TEA

| | Small | Regular |
|---------------------|--------|---------|
| Regular House Blend | \$1.50 | \$2.00 |
| Espresso | \$1.75 | \$2.00 |
| Caffé Americano | \$2.25 | \$3.00 |
| Iced Coffee | | \$2.75 |
| Leaf Brewed Hot Tea | \$2.25 | |

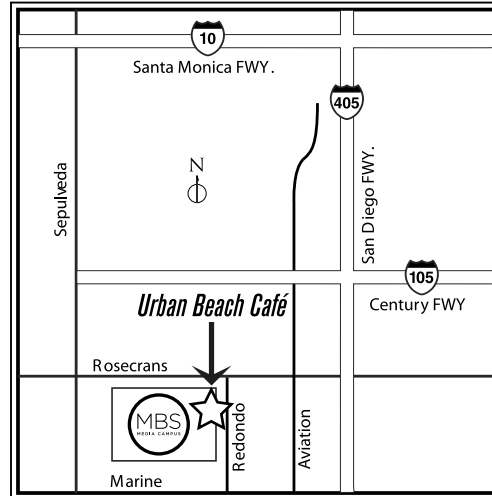
CLASSIC LATTES

Choose from Whole or Fat Free Milk
Soy Milk (Add .50)

| | | |
|---------------|--------|--------|
| Caffé Latte | \$2.75 | \$3.50 |
| Vanilla Latte | \$3.00 | \$3.75 |
| Mocha Latte | \$3.00 | \$3.75 |
| Caramel Latte | \$3.00 | \$3.75 |
| Cappuccino | \$2.50 | |

URBAN BEACH CAFÉ

Located inside MBS Media Campus
1600 Rosecrans Ave
Building 5A
Manhattan Beach, CA 90266



Please Call MBS Media Campus Main Gate 310.727.2769 for Drive On Access

Café Phone: 310.727.2778

www.urbanbeachcafe.com

info@urbanbeachcafe.com



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URBAN BEACH CAFÉ



**BREAKFAST
FAVORITES
HOMEMADE
PIZZA
CHARGRILLED
CHICKEN
JUICY
BURGERS
MARKET FRESH
SANDWICHES
MADE TO ORDER
SALADS
VEGETARIAN
OPTIONS**

**PICK UP, DELIVERY,
CATERING AVAILABLE**

Café Phone: 310.727.2778

MBS Main Gate Phone: 310.727.2769

www.urbanbeachcafe.com

ENTRÉES

All Entrées Include Your Choice of One Grill Sauce and One Side
For a Salad as Your Side, Please Add \$1.00

\$8.25

BURGER

Black Angus, Turkey or Sweet Chili Veggie

GRILLED SAUSAGE SANDWICH

Chicken Andouille or Turkey Italian w/ Peppers & Onions or Spicy Slaw

GRILLED NATURAL CHICKEN BREAST SANDWICH

PULLED ADOBO BBQ PORK SANDWICH

Spicy Slaw, Brioche

TACO PLATE - CHOOSE ONE

Chicken Asada, Adobo Pork, Beef Asada, Tofu
Served with Spanish Rice, Black Beans, and Pico de Gallo

VEGGIE BOWL

Steamed Brown Rice Topped with Seasonal Vegetables
Add Grilled Chicken, Tri-Tip, Tofu \$2.00
Grilled Fresh Market Fish Market Price

\$9.25

All Plates Include Our Grilled Flatbread

SANTA MARIA STYLE TRI TIP SANDWICH

Lettuce, Tomato, Soft Hoagie Roll, Choice of Sauce

TRI TIP PLATE

INFUSION CHEESEBURGER

Fresh Angus Beef or Ground Lean Turkey Stuffed with
Cheddar Cheese, Jalapeños, Cilantro and Southwest Spices

GRILLED NATURAL CHICKEN BREAST PLATE

GRILLED SHRIMP PLATE

MEDITERRANEAN PLATE

Mixed Greens with Sliced Cucumber, Red Pepper, Tomato,
Hummus, Feta Cheese, Grilled Vegetables, Kalamata Olives
Add Chicken \$2.00 Add Shrimp \$3.00

GRILLED FRESH MARKET FISH

Market Price

SIDES

Mac and Cheese French Fries Smashed Potatoes
Sweet Potato Fries Texas Style BBQ Baked Beans
Grilled Broccoli w/ Lemon Zest Spicy Cole Slaw
Seasonal Vegetables Brown Rice Spanish Rice

À La Carte Side \$3.00 Choose Any 3 of the Above Sides \$7.50

GRILL SAUCES

BBQ Thai Cajun Chipotle Chimichurri

MARKET FRESH SANDWICHES

UBC TURKEY

Swiss, Spicy Slaw, Tomato, Lettuce, Honey Mustard,
Brioche Roll*

\$7.50

LEMON ZEST ALBACORE TUNA

Tomato, Lettuce, Toasted Oatmeal Wheat*

\$7.50

CURRIED CHICKEN SALAD

Dried Cranberries, Raisins, Country White*

\$7.50

BLAT

Bacon, Lettuce, Avocado, Tomato, Basil Mayo,
Country White*

\$7.50

CAPRESE

Mozzarella, Tomato, Basil, Arugula, Balsamic Reduction,
Olive Oil, Baguette*

\$7.50

GRILLED CHEESE TRIO

Cheddar, Swiss, Muenster, Country White

\$6.75

GRILLED CHICKEN

Lettuce, Tomato, Basil Pesto Aioli, Toasted Baguette

\$7.50

TOFU "EGG" SALAD

Tomato, Arugula, Whole Wheat Bread

\$7.50

1/2 SANDWICH AND A CUP OF SOUP

\$7.50

OR SIDE SALAD

*Sandwich can be made as a Wrap

MADE TO ORDER SALADS

CAESAR

Romaine Hearts, Parmesan Crisps, Croutons,
Caesar Dressing
Add Chicken \$2.00

\$7.75

GREEK

Mixed Greens, Cucumbers, Tomato, Artichoke, Feta,
Oregano, Olives, Lemon Vinaigrette
Add Chicken \$2.00

\$7.75

ASIAN

Cabbage, Chicken, Carrots, Toasted Almonds, Wontons,
Sesame Ginger Vinaigrette

\$8.50

ANTIOXIDANT HARVEST SALAD

Baby Mixed Greens, Wheatberries, Arugula, Granny
Smith Apples, Fresh Berries, Cucumbers, Roasted
Peppers, Toasted Almonds, Pomegranate Vinaigrette

\$8.50

KALE AND QUINOA

Baby Kale, Red Quinoa, Cucumber, Tomatoes over
Hummus Topped with Greek Yogurt,
Lemon Parsley Dressing

\$8.50

AHI POKE

with Avocado over Baby Greens

\$12.75

HANDMADE PIZZAS

All Pizzas Served with a Side Caesar Salad

CHEESE PIZZA

\$7.95

HOUSE SPECIAL PIZZA

Spicy Chicken Sausage and Arugula

\$9.75

CREATE YOUR OWN PIZZA

Cheese Pizza with Choice of 2 Toppings

\$9.75

Pepperoni

Spicy Chicken Sausage

Crumbled Applewood Bacon

BBQ Chicken

Roasted Tomatoes

Bell Peppers

Red Onion

Jalapeños

Fresh Basil

Goat Cheese

Feta Cheese